

## UNIT 5

### Food

unhealthy habits

low-fat food

fatty food

processed food

meal

lunch

to have lunch

breakfast

to have breakfast

dinner / supper

to have dinner / to dine

free-range eggs

raw

fresh salad

seasonal

junk food

beef

lamb

pork

rare

medium

well-done

} steak

milkshake

freshly baked bread

home-made

topping

filling

spicy

bitter

sour

salty

edible

tasty

delicious

disgusting

to boil

to fry

to heat

to stir

to grill

to bake (bread, cake, ...)

to roast (chicken, lamb, ...)

recipe

cuisine

dish

starter

main dish

slice

to set the table